

**SPEEDO Champions Series  
Southern Zone-Southern Sectional**

**March 18-21, 2010 - FGC - Ft. Lauderdale, FL**

**July 8-11, 2010 - FL - Orlando, FL**

<u>WOMEN:</u>				<u>MEN:</u>		
<u>SCY</u>	<u>SCM</u>	<u>LCM</u>	<u>EVENTS</u>	<u>SCY</u>	<u>SCM</u>	<u>LCM</u>
:26.39	:28.89	:29.89	<b>50 FR</b>	:23.29	:25.69	:26.69
:56.79	1:02.19	1:04.19	<b>100 FR</b>	:50.79	:55.99	:57.99
2:01.29	2:12.49	2:16.49	<b>200 FR</b>	1:48.79	2:01.59	2:05.59
5:16.59	4:35.29	4:43.29	<b>400/500 FR</b>	4:54.89	4:18.39	4:26.39
11:00.49	9:33.39	9:49.39	<b>800/1000 FR</b>	10:24.39	9:03.89	9:19.89
18:32.29	18:28.09	18:58.09	<b>1500/1650 FR</b>	17:21.49	17:14.99	17:44.99
1:05.89	1:13.49	1:15.49	<b>100 BK</b>	:57.59	1:05.29	1:07.29
2:21.19	2:36.19	2:40.19	<b>200 BK</b>	2:07.59	2:20.99	2:24.99
1:14.89	1:24.79	1:26.79	<b>100 BR</b>	1:07.09	1:14/49	1:16.49
2:41.69	3:01.39	3:05.39	<b>200 BR</b>	2:27.09	2:45.79	2:49.79
1:02.59	1:08.89	1:10.89	<b>100 FLY</b>	:56.59	1:01.39	1:03.39
2:17.49	2:30.39	2:34.39	<b>200 FLY</b>	2:05.59	2:21.99	2:23.99
2:16.49	2:31.89	2:35.89	<b>200 IM</b>	2:04.79	2:18.19	2:22.19
4:50.29	5:22.39	5:30.39	<b>400 IM</b>	4:32.79	4:57.49	5:05.49
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4:32.19	5:01.39	5:09.39	<b>400 M.R.</b>	4:04.09	4:29.19	4:37.19
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3:59.19	4:20.79	4:28.79	<b>400 F.R.</b>	3:35.19	3:55.99	4:03.99
8:29.19	9:13.99	9:29.99	<b>800 F.R.</b>	7:39.19	8:30.39	8:46.39